



New Palestine Junior High

Lunch Menu

October 2020

Available Daily: Hamburger, Cheeseburger, Veggie Burger, Chef Salad, Chicken Patty Sandwich, Fruit & Yogurt Pack with Roll, PB&J Pack, Turkey & Cheese Sandwich

1
Meatball Sub
Cooked Carrots
Celery Sticks
Applesauce
Apple
Banana

2
Chicken Nuggets w/
Roll
Steamed Broccoli
Grape Tomatoes
Mandarin Oranges

5
Corn Dog
Green Beans
Fresh Broccoli
Mixed Fruit
Apple
Orange Wedges

6
Chicken Quesadilla
BBQ Black Beans
Fresh Cucumber
Diced Pears
Apple
Banana

7
**Parent/Teacher
Conferences**

NO SCHOOL

8
Dragon Ribs
Cooked Carrots
Celery Sticks
Applesauce
Apple
Banana

9
Chicken Nuggets w/
Roll
Steamed Broccoli
Grape Tomatoes
Mandarin Oranges

12
Fall Break

NO SCHOOL

13

14
Fall Break

NO SCHOOL

15

16
Fall Break

NO SCHOOL

19
Salisbury Steak
Mashed Potatoes
Fresh Broccoli
Mixed Fruit
Apple
Orange Wedges

20
Beef Tacos
BBQ Black Beans
Fresh Cucumber
Diced Pears
Apple
Banana

21
Max Sticks
Corn
Fresh Baby Carrots
Diced Peaches
Apple
Orange Wedges

22
Meatball Sub
Cooked Carrots
Celery Sticks
Applesauce
Apple
Banana

23
Chicken Nuggets w/
Roll
Steamed Broccoli
Grape Tomatoes
Mandarin Oranges

26
Corn Dog
Green Beans
Fresh Broccoli
Mixed Fruit
Apple
Orange Wedges

27
Chicken Quesadilla
BBQ Black Beans
Fresh Cucumber
Diced Pears
Apple
Banana

28
Manager's Special

29
Dragon Ribs
Cooked Carrots
Celery Sticks
Applesauce
Apple
Banana

30
Chicken Nuggets w/
Roll
Steamed Broccoli
Grape Tomatoes
Mandarin Oranges

Make your meal free by selecting at least one serving of fruit or vegetables!
Milk choice: 1% White, Fat Free Chocolate

Unlimited fresh fruit and vegetables!

You must take a full serving of fruit or vegetables to make a meal.